



Physiotherapy Associates

7/17/13

Dear Parents:

I am pleased to inform you that Physiotherapy Associates will be DMCS sports medicine provider for the 2013-2014 year. The prevention and care of injured and ill athletes is an important component to the athletics program at Des Moines Christian School. Des Moines Christian will team with the Physiotherapy Associates to provide sports medicine services for all students involved in the athletics program at DMCS. Physiotherapy provides sports medicine coverage for many Central Iowa schools and clubs including Des Moines Hoover, Lincoln, North, Roosevelt, Drake University, AIB College, Faith Baptist College, Iowa Barnstormers etc.

The key components of the sports medicine program are:

1. A nationally certified and state licensed athletic trainer is assigned to your school through Physiotherapy Associates.
 - Athletic Trainer: Whitney Payne, LAT, ATC
 - Cell Phone: 563-380-1128
 - Work Phone: 515-323-6485
 - E-mail: whitney.payne@physiocorp.com
 - Whitney for the past years has been the head trainer for Des Moines North high school
2. The athletic trainer provides:
 - On-site injury evaluations and care at each practice day throughout the school year.
 - On-site service for all home varsity game dates, all home football/soccer games, and all Friday football.
 - Service for all teams participating in play-offs and state tournaments.
 - On-call service for all coaches, athletes, and families 7 days per week.
 - Recommendations for care on all injured/ill athletes.
 - Answers to health care questions from athletes, parents, and families.
 - Educational opportunities through speaking events and a monthly newsletter.
 - A medically-appropriate sports concussion evaluation, treatment, and plan-of-care program.
 - * All coverage for practices and games vary pending the sports season, the sports offered at your school, and the competition schedules of same-season sports.
3. A Licensed Physical Therapist will be available to your athletic trainer for injury consultations, and providing a greater level of care for your student.
 - Physical Therapist: Marc Vander Velden, DPT, CSCS
 - Cell Phone – 250-9204
 - Work Phone – 276-1212
 - E-mail – marc.vandervelden@physiocorp.com
 - Marc is our lead physical therapist at our WDM clinic. He was head DMCS sports medicine provider from 2006-2012 and will again be an assistant coach with the football team.
 - Free Injury Consult scheduling for athletes available within 24 hours of the injury.
4. Team Orthopaedic Physicians
Physiotherapy Associates' Sports Medicine team has direct contact with the orthopaedic physicians at Iowa Ortho. The Iowa Ortho physicians are available for immediate consultations and weekday evaluations through connections with your certified athletic trainer. 515-323-6485; 450 Laurel Street, Des Moines, IA 50314

Physiotherapy Associates has seven Des Moines area physical therapy clinics and is proud to provide the sports medicine services to Des Moines Christian School and your communities. If you have any questions regarding our services, please contact:

Troy Kleese LAT, ATC
Sports Medicine Director
515-323-6485

Physiotherapy Associates – Des Moines Metro Clinics

Altoona:	515-967-5025	Ankeny North:	515-965-5311	Ankeny South:	515-963-8723
Johnston:	515-278-8151	SE Des Moines:	515-953-0024	West Des Moines:	515-276-1212