

Blue = Hy-Vee Hot Lunch
 Green = DMCS Kitchen Boxed Lunch
 *Fresh Fruit option in boxed lunch is subject to
 change based on seasonal availability

Sept. Elementary Menu

Monday	Tuesday	Wednesday	Thursday	Friday
7 LABOR DAY	8 Chicken Alfredo Pasta Pears Green Beans <i>Chick-fil-A Nuggets Baked Chips Apple Slices</i>	9 Corn Dog Vegetable Medley Sliced Peaches <i>Chicken, Bacon, Ranch Roll-up Pretzels Grapes</i>	10 Pork Rib Patty Sandwich Tropical Fruit Capri Vegetable Blend <i>Ham & Cheese Sub Baked Cheetos Veggies w/ Ranch</i>	11 Macaroni & Cheese w/ Ham Fruit Cocktail Corn *Dessert Day* White Cupcake Turkey & Cheese Roll-up Animal Crackers Orange Slices
14 Walking Taco Capri Blend Vegetables Pineapple Chunks <i>Crispy Chicken & Cheese Roll-up Chex Mix Carrots w/ Ranch</i>	15 Cheese Pizza Baby Carrots Mandarin Oranges <i>Turkey & Cheese Sub Strawberry Yogurt w/ Granola Goldfish</i>	16 Chicken Strips Peaches Corn <i>Ham & Cheese Roll-up Vanilla Crackers Watermelon</i>	17 Spaghetti & Meat Sauce Tossed Lettuce Salad Fruit Cocktail <i>Z'Mariks Mac & Cheese Applesauce Veggie Straws</i>	18 Sloppy Joe Sandwich Green Beans Pears *Dessert Day* M & M Cookie Chicken Bacon Ranch Roll-up Oatmeal Bar Grapes
21 Pork Rib Sandwich Baby Carrots Fruit Cocktail <i>Chick-fil-A Nuggets Baked Cheetos Apple Slices</i>	22 Walking Tacos Capri Blend Vegetables Peaches <i>Turkey & Cheese Roll-up Cheez-its Mixed Fresh Fruit</i>	23 Cheeseburger Cascade Blend Vegetables Pineapple Chunks <i>Italian Meat & Cheese Sub Baked Chips Orange Slices</i>	24 Chicken Strips Mandarin Oranges Corn <i>Ham & Cheese Roll-up Chex Mix Strawberries</i>	25 Chicken Alfredo Pasta Green Beans Diced Pears *Dessert Day* Chocolate Chip Cookie Turkey & Cheese Sub Animal Crackers Strawberry Yogurt
28 Chicken Patty Sandwich Applesauce Catalina Blend Vegetables Turkey & Cheese Roll-up Grapes Vanilla Crackers	29 Pepperoni Pizza Baby Carrots Pineapple Chunks Ham & Cheese Sub Strawberries Oatmeal Bar	30 White Macaroni & Cheese w/ Chicken Green Beans Pears Z'Mariks Mac & Cheese Applesauce Veggie Straws	1 All Beef Hot Dog Glazed Carrots Peaches Turkey & Cheese Sub Fresh Pineapple Goldfish	2 Spaghetti & Meat Sauce Tossed Salad Fruit Cocktail *Dessert Day* Ice Cream Cups Ham & Cheese Roll-up Carrots w/ Ranch Baked Chips