

Blue = Hy-Vee Hot Lunch
 Green = DMCS Kitchen Boxed Lunch
 *Fresh Fruit option in boxed lunch is subject to
 change based on seasonal availability

September Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day Holiday	3 Chicken Strips Corn Watermelon <i>Ham & Cheese Roll-up</i> <i>Goldfish</i> <i>Grapes</i>	4 Cheeseburger California Blend Vegetables Pears <i>Turkey & Cheese Sub</i> <i>Veggie Straws</i> <i>Strawberries</i>	5 All Beef Hot Dog on a Bun Green Beans Cantaloupe Chunks <i>Roast Beef & Cheese Roll-up</i> <i>Baked Chips</i> <i>Watermelon</i>	6 Spaghetti & Meat Sauce Tossed Salad Fruit Cocktail *Dessert Day* Fudge Brownie <i>Italian Meat & Cheese Sub</i> <i>Chex Mix</i> <i>Applesauce</i>
9 French Toast Sticks Sausage Mandarin Oranges Baby Carrots Roasted Corn <i>Turkey & Cheese Sub</i> <i>Cheez-its</i> <i>Fresh Pineapple</i>	10 Chicken Alfredo Pasta Pears Green Beans <i>Chick-fil-A Nuggets</i> <i>Goldfish Graham</i> <i>Fruit</i>	11 Corn Dog Vegetable Medley Sliced Peaches <i>Grilled Chicken & Cheese Roll-up</i> <i>Baked Cheetos</i> <i>Grapes</i>	12 Pork Rib Patty Sandwich Cantaloupe Country Vegetable Blend <i>Ham & Cheese Sub</i> <i>Pretzels</i> <i>Veggies w/ Ranch</i>	13 Macaroni & Cheese w/ Ham Fruit Cocktail Corn *Dessert Day* White Cupcake <i>Turkey & Cheese Roll-up</i> <i>Animal Crackers</i> <i>Orange Slices</i>
16 Walking Taco Country Blend Vegetables Pineapple Chunks <i>Crispy Chicken & Cheese Roll-up</i> <i>Chex Mix</i> <i>Carrots w/ Ranch</i>	17 Cheese Pizza Baby Carrots Cantaloupe <i>Turkey & Cheese Sub</i> <i>String Cheese</i> <i>Goldfish Graham</i> <i>Mixed Fresh Fruit</i>	18 Chicken Strips Peaches Corn <i>Ham & Cheese Roll-up</i> <i>Veggie Straws</i> <i>Watermelon</i>	19 Spaghetti & Meat Sauce Tossed Lettuce Salad Fruit Cocktail <i>Roast Beef & Cheese Sub</i> <i>Cheez-its</i> <i>Apple Slices</i>	20 Sloppy Joe Sandwich Green Beans Pears *Dessert Day* M & M Cookie <i>Chicken Bacon</i> <i>Ranch Roll-up</i> <i>Goldfish</i> <i>Grapes</i>
23 Pork Rib Sandwich Baby Carrots Fruit Cocktail <i>Ham & Cheese Sub</i> <i>Baked Cheetos</i> <i>Fresh Pineapple</i>	24 Walking Tacos Country Blend Vegetables Peaches <i>Turkey & Cheese Roll-up</i> <i>Sun Chips</i> <i>Mixed Fresh Fruit</i>	25 Cheeseburger on a Bun California Blend Vegetables Pineapple Chunks <i>Italian Meat & Cheese Sub</i> <i>Baked Chips</i> <i>Orange Slices</i>	26 Chicken Strips Mandarin Oranges Corn <i>Ham & Cheese Wrap</i> <i>Animal Crackers</i> <i>Strawberries</i>	27 Chicken Alfredo Pasta Green Beans Diced Pears *Dessert Day* Chocolate Chip Cookie <i>Turkey & Cheese Sub</i> <i>Chex Mix</i> <i>Applesauce</i>